

ONE STEP FORWARD

Purpose of the process:

Taking a step forward in life by letting go your spare baggage.

Randomly or openly select three cards and work according to the following order >>>

1. Where do I have a hard time in letting go?

2. What will I profit from letting go?

3. What will help me take the next step?

This process map was developed by:

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POINTS OF YOU

The Coaching Game

<http://www.thecoachinggame.com>