

בילויים, פינוקים, המלצות ועוד  
הפתעות שיעשו לך את החודש

הכי שווה באוגוסט

## Play at being a coach

Personal coaches have been popping up of late like mushrooms way before the rain – so much so that it appears as if personal coaching has become the new professional trend. We have seen it on prime-time television; we have read about it in newspapers and magazines; and we are certain to again run into it again at various opportunities. Meanwhile, we have news for you: You can be your own personal coach! Yes, you can learn the secrets of the profession with the help of a new hands-on game that will allow you to take a closer look at significant issues in your life from different perspectives / points of view, understand them, and come to understandings that will help you to decide what action to take.

The game is designed to afford everyone an opportunity to take a timeout from life, to free oneself of the daily load and hassles, to inquire into the well-being of oneself and those around one, and to be moved time and again by the encounter with oneself and others. The game itself is simple and user friendly; it is designed as a board game that includes a processes chart, 65 cards, a book and a pad of coaching notes. Using both visual and textual means, the game presents various issues / topics we all run into during the course of our lives from different points of view. Each topic is presented through a number of photographs (stunning) taken by more than 200 photographers from around the world, a story, various quotes, questions and thoughts / ideas. The game, as we have said, can be played by oneself, but also with your lover, friend or the whole gang.



Points of You, available at the Steimatzky chain and authorized stores around the country. Please call 03-5463768 or visit [www.points-of-you.us](http://www.points-of-you.us) to check for your nearest location. Recommended price: NIS 280