

## I2U2ME2WE

### Point of You Model

Getting to know others

Creating a focus on the content & purpose of you meeting / program / time together

Uses for active processing and learning

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#### Props Needed:

- Points of You Cards
- Masking Tape (if you are worried about damaging your card use painters tape)
- Pens
- One scenarios or questions pertaining to the content being covered in the meeting / program / time together, here are some examples.
  - Describe one of your strengths
  - What is a goal you have set for yourself
  - In what ways will you add to our time together
  - How can this team be supportive of your great work
  - When you leave this meeting, one area you would like greater clarity on is
  - How can you apply what you have learned
  - Etc...

#### Group Size:

Best for groups of 6-15

If there are more than 15 people break then into smaller groups of ~6 people

#### Instructions:

Have the Points of You cards laying face down on a table. Add a piece of masking tape to the backs of each card prior to the people arriving.

Here is the briefing for the simulation

“Please choose a Points of You card randomly from the table, DO NOT look at your card yet. Please write your name on the masking tape on the back of your card.

Thank you now put your pens down, and you may look at the card you have chosen.

While looking at your card quietly look and reflect on the image and the term written on the card. While reflecting on the card what are you feeling? What about the image strikes you? Why is that?

Now please turn your cards face down and listen for a moment.

I am going to ask you to think of one scenario or question. Please DO NOT write anything else, just think about the question I ask and try to keep the stories short and succinct.”

The question or scenario should be program centered i.e. Think of a positive example of a leader in your life, what skills can you add to our time together, describe a success you have had in the past two weeks, what is a goal you have for this workshop, etc...

“First, what about the Points of You card is true to you? Remember don’t write it down.

Second, what do you hope to gain from our time together? Quietly reflect and think about what you hope to gain from our time together.

Everybody have those two scenarios inside their head? GREAT!

Now please complete the following challenge, you are going to change personalities with at least 3 other people. Here is how, each time you meet a new person you will share the answer to both questions and then exchange Points of You cards and stories. So for example Mike and Shirley meet and share stories.

Mike becomes Shirley (holding her Points of You card) and Shirley becomes Mike (holding his Points of You card). Mike, who is Shirley, will now meet Sam.

Mike, who is Shirley will share Shirley’s story as Mike remembers it and Sam will share his story. Mike will now become Sam, and Sam will now become Shirley.

Each interaction you become the Points of You card the person is holding.

You CANNOT take notes nor after you leave that person can you ask for clarification. Once you have had at least 3 exchanges return to your seat and wait for the others to finish.”

Allow for some confusion and questions. Once everyone is sitting ask for a volunteer or just choose a person to start

“Everyone hold on to your stories, now we are going to get your personalities back. Here is how, we will start with Shirley, she will share whoever she is. That person will have the opportunity to add and change anything they wish. Shirley will then hand that person back their Points of You card. Then that person will share, etc... until all have their personalities back.”

I generally do not process this if you choose to here are some possible questions;

### **Processing Questions:**

- What was your initial reaction to this activity?
- How did your stories change?
- In what ways do our stories create and confine us? As a group? As leaders? As individuals?
- Where did the communication challenges come from?
- How is this like work, school, and life?

**Facilitator Notes:**

I choose to keep the Points of You cards face down, that way people just choose and the activity can start. If you choose to start with them face up, place a time limit on how long people have to choose a card.

A variation I have used is instead of opening with the activity, try closing with it. You will need to change the questions to topics like;

- In what ways does this card represent your learning?
- What was gained from our time together?
- One thing I learned about myself was?
- An action step I am willing to take in the next hour is
- I feel the purpose of this meeting was to

Either place you use I2U2ME2WE it is a fun way to get people thinking and discussing the content that is planned.